

# **EXHIBIT X**

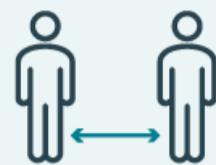


## COVID-19

# ACT NOW!



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS

## Symptoms of Coronavirus

Updated Feb. 22, 2021

[Print](#)

### What you need to know

- Anyone can have mild to severe symptoms.
- **Older adults and people who have severe underlying medical conditions** like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.



### Coronavirus Self-Checker

A tool to help you make decisions on when to seek testing and medical care

[Get Started](#)

[About the Tool](#)

### Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

### When to seek emergency medical attention

Look for **emergency warning signs\*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**:

- Trouble breathing

- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

## Caring for yourself or others

- [How to protect yourself](#)
- [How to care for someone who is sick](#)
- [What to do if you are sick](#)

## What is the difference between Influenza (Flu) and COVID-19?

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2), and flu is caused by infection with [influenza viruses](#).

COVID-19 seems to spread more easily than flu and causes more serious illnesses in some people. It can also take longer before people show symptoms and people can be contagious for longer. More information about differences between flu and COVID-19 is available in the different sections below.

Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and [testing](#) may be needed to help confirm a diagnosis.

While more is learned every day about COVID-19 and the virus that causes it, there is still a lot that is unknown . This page compares COVID-19 and flu, given the best available information to date.

## Digital Resources

**Symptoms of Coronavirus (COVID-19)**

Know the symptoms of COVID-19, which can include the following:

Cough, shortness of breath or difficulty breathing  
Fever or chills  
Diarrhea  
Headache  
Loss of taste or smell  
Sore throat  
Shortness of breath  
Stuffy nose  
Tiredness  
Vomiting

### Symptoms of COVID-19 (PDF)

Patients with COVID-19 have experienced mild to severe respiratory illness.

**SYMPOTMS OF CORONAVIRUS (COVID-19)**

Know the symptoms of COVID-19, which can include the following:

Cough, shortness of breath or difficulty breathing  
Fever or chills  
Muscle or body aches  
Diarrhea  
Headache  
Loss of taste or smell  
Sore throat  
Shortness of breath  
Stuffy nose  
Tiredness  
Vomiting

### Symptoms of COVID-19 (Video)

Symptoms can include fever, cough and shortness of breath.

**CDC Symptoms of Coronavirus ...**

ASL VIDEO SERIES:  
**SYMPOTMS OF CORONAVIRUS DISEASE 2019**

### Symptoms of COVID-19: ASL (Video)

American Sign Language Video about symptoms.

## More Information

[Older Adults](#)

[People at Increased Risk](#)

[Travelers](#)

[Healthcare Professionals](#)

[COVID-19 and Seasonal Allergies FAQs](#)

[COVID-19 in Children and Teens](#)

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